



YOUR GUIDE TO

The SleepCharge Program for Reyes Family of Businesses



SleepCharge can help you enhance your health and well-being.

- Gain access to board-certified physicians and specialists who are dedicated to improving your sleep.
- We virtually evaluate and treat sleep apnea through our telehealth platform, so you get the personalized care you need while saving time and money.
- We have something for everyone. Even if you aren't diagnosed with sleep apnea, you still gain access to the Sleep Life Learning Center, our self-paced library of sleep education and relaxation modules.
- Continuous care is important to us. We're with you at every step of your journey to better sleep and always available to answer your questions.

Get Started

Begin by taking the Sleep Checkup to learn more about your current sleep health and get a personalized report that highlights potential areas for improvement.

sleepcharge.com/reyes



HEALTHY REYES
CHOOSE TOTAL WELLNESS





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The SleepCharge Program for Healthy Reyes



1

The Sleep Checkup

Start by taking the Sleep Checkup to quickly assess your sleep health.

2

Evaluation & History

Tell us more about your medical history and sleep health concerns.

3

Virtual Consultation

Discuss your sleep health concerns with a board-certified physician.

4

Testing & Diagnostics

Complete a home sleep test for an accurate medical diagnosis.

5

Continuous Virtual Care

Follow your personalized care plan with our medical care teams at your side for ongoing support.



Begin by taking your Sleep Checkup
at sleepcharge.com/reyes



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